

## Healthy Tiffin Menu

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>CHICKEN MAIN</b>	MURG KADAI	KORI GASSI	MURG CHETINARD	MURG DUPIAZA	MURG CURRY	MURG PALAK	MURG JALFREZI
<b>LAMB MAIN</b>	GOSHT BHUNA	GOSHT PALAK	DAL GOSHT	RAJASTHANI LAAL MAAS	GOSHT KADAI	KOSHA MONGSHO	PAHADI GOSHT
<b>VEGETARIAN MAIN</b>	PANEER MAKHANI	TAWA SUBZI	ALOO MUTTER	PALAK PANEER	SUBZI JALFREZI	PALAK SUBZI	ALOO GOBI
<b>VEGETARIAN SIDE</b>	TADKA DAL	DAL MAKHANI	JEERA ALOO	ALOO GOBI	BAIGAN BHARTA	SUBZI BAHAR	DAL PALAK